Creating Your Personal Value Scale

Achievement	Recognition (respect from	Economic security
Friendships	others, status)	Status
Physical challenge	Competence	Effectiveness
Advancement and promotion	Integrity	Meaningful work
Growth	Competition	Supervising others
Adventure	Intellectual status	Efficiency
Having a family	Reputation	Merit
Power and authority	Cooperation	Time freedom
Affection (love and caring)	Involvement	Ethical practice
Helping other people	Responsibility and accountability	Money
Privacy	Country	Truth
Arts	Job tranquility	Excellence
Helping society	Security	Nature
Public service	Creativity	Wealth
Challenging problems	Knowledge	Excitement
Honesty	Self-respect	Wisdom
Purity	Decisiveness	Fame
Change and variety	Leadership	Work under pressure
Independence	Serenity	Fast living
Quality of what I take part in	Democracy	Personal development
Close relationships	Location	Work with others
Influencing others	Sophistication	Financial gain
Quality relationships	Ecological awareness	Freedom
Community	Loyalty	Working alone
Inner harmony	Stability	